



## Calories and Fat Content in Fast Food Restaurant Foods

### Potbelly Sandwich Works

	<b>Calories</b>	<b>Fat (Grams)</b>
Vegetarian Sandwich (without cheese, peppers, mayo or oil)	305	1.75
Turkey Breast (without cheese, peppers, mayo or oil)	372	3.5
Roast Beef (without cheese, peppers, mayo or oil)	433	5.25
Smoked Ham (without cheese, peppers, mayo or oil)	421	8.75
Pizza with Provolone (without peppers, mayo or oil)	422	9.09
Tuna Salad (without cheese, peppers, mayo or oil)	465	9.74
A Wreck (without cheese, peppers, mayo or oil)	442	9.75

Nutrition information for Potbelly Sandwich Works is © 2004 Potbelly Sandwich Works. Selected nutrition information is provided here as a service to Dr. Gourmet readers. View more nutrition information at <http://www.potbelly.com/food2.4.html>